Proclamation City of Longview, Washington

Mental Health Month May 2015

WHEREAS, mental health is essential to everyone's overall health and well-being; and WHEREAS addressing early the complex mental health needs of children, youth, and families today is fundamental to the future of Cowlitz County; and WHEREAS, mental health problems can affect all areas of a person's life, including school, home and work; and WHEREAS, mental health problems will strike one in five adults and children each year regardless of age, gender, race, ethnicity, religion or economic status; and WHEREAS, over 38,000 American lives are lost each year to suicide; and WHEREAS, all Americans – from combat veterans to victims of natural disaster – are vulnerable to chronic mental health problems associated with trauma and can benefit greatly from early identification and treatment; and WHEREAS, people can recover from mental illness and lead full, productive lives in the community; and

WHEREAS, an estimated two-thirds of adults and young people with mental health problems go without the help they need; and

WHEREAS, each business, school, government agency, healthcare provider, organization and citizen bears the burden of mental health problems and has a responsibility to promote mental wellness;

NOW, THEREFORE, I, Don Jensen, Mayor of the City of Longview, do hereby proclaim the month of May to be

"Mental Health Month"

in the City of Longview, and call upon the citizens of Longview, government agencies, public and private institutions, businesses and schools to promote increased awareness and understanding of mental health and the need for appropriate and accessible services for all people with mental illness.

> In witness whereof, I have hereunto set my hand and caused the seal of the City of Longview to be affixed this 23rd day of April 2015.

> > Don Jensen, Mayor